



# Women of Faith: Teaching Grandkids to Pray



Explore biblical women who modeled prayer and learn how to help your grandkids develop a simple, powerful prayer life.

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## Introduction

Welcome to this 7-day Bible study plan on "Women of Faith: Teaching Grandkids to Pray." As grandparents, we hold a treasured role in guiding younger generations in their spiritual journey. Prayer is a foundational discipline that connects us with God, expresses our hearts, and invites His presence and power into our lives. *Teaching grandkids to pray is one of the most beautiful legacies we can pass on.* ❤️

Throughout Scripture, many women exemplify vibrant and earnest prayer lives. From Hannah's heartfelt pleas, Mary's humble song of praise, to Anna's faithful worship, these women demonstrate simple yet powerful ways to approach God.

In this study, we will focus on these examples, unpack what makes their prayers impactful, and provide you with practical ways to model and teach prayer to your grandchildren. The goal is to inspire you to be a living example of prayer—teaching your grandkids how to speak to God with honesty, faith, and love.

*Remember, prayer doesn't have to be complicated or perfect. Instead, it can be a natural, ongoing conversation with God fostered through your example and encouragement.* Together, let's grow in faith and become prayer mentors for the next generation. 🙏 ✨





## Day 1: 🌸 Hannah's Prayer: Honest Longing



Day 1: 🌸 Hannah's Prayer: Honest Longing

## Your Verse

*1 Samuel 1:10 - "In her deep anguish Hannah prayed to the Lord, weeping bitterly."*

## Supporting Scriptures

- *Psalm 34:17 - "The righteous cry out, and the Lord hears them; he delivers them from all their troubles."*
- *Philippians 4:6 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."*



Day 1: 🌸 Hannah's Prayer: Honest Longing

## Devotional: Prayer Is Honest Sharing with God

**Hannah's story encourages us to bring our deepest feelings honestly to God in prayer.** She was burdened by her inability to have children, yet she opened her heart fully to God in tears and faith. Her prayer was not a polished speech but a raw outpouring of hope and desire.

When teaching grandkids to pray, emphasize that God wants their true thoughts and feelings—joy, sadness, fears, or hopes. Prayer is a safe place to share what's inside without fear or shame. Hannah's example reminds us to lead by being genuine in our prayers.

Encourage your grandchildren to tell God what's on their hearts, just like Hannah did. Show them that even in moments of deep need, God listens and responds.



Day 1: 🌸 Hannah's Prayer: Honest Longing

## Reflect and Apply

1. How comfortable am I with expressing honest feelings to God in prayer?

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2. What can I do to teach my grandkids that God welcomes all feelings in prayer?

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3. How does Hannah's example challenge me to pray with more openness?

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Day 1: 🌸 Hannah's Prayer: Honest Longing

## Journaling Prompts

1. Write about a time you prayed honestly and how God responded.

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2. List ways you can show your grandkids that prayer is a safe space.

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3. Describe how you might model Hannah's heartfelt prayer this week.

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Day 1: 🌸 Hannah's Prayer: Honest Longing

## Prayer for Today

**Father, thank You for hearing the honest cries of our hearts.** Help me to be open and authentic in prayer and to teach my grandchildren that they can come to You with anything. May our prayers be sincere and full of faith, drawing us closer to You each day. *Guide us in modeling prayer that is simple, genuine, and powerful.* In Jesus' name, Amen. 🙏❤️🌸





## Day 2: 🌿 Mary's Song: Praise and Trust



Day 2: 🌿 Mary's Song: Praise and Trust

## Your Verse

*Luke 1:46-47 - "My soul glorifies the Lord and my spirit rejoices in God my Savior."*

## Supporting Scriptures

- *Psalm 100:4 - "Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name."*
- *1 Thessalonians 5:16-18 - "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."*



Day 2: 🌿 Mary's Song: Praise and Trust

## Devotional: Praise Strengthens our Trust in God

**Mary's prayer praises God's greatness and expresses joyful trust in His plan.** After learning she would be the mother of Jesus, Mary responded not with questions or doubt, but with worship and thanksgiving. Her prayer, recorded as the Magnificat, is a powerful example of rejoicing in God's faithfulness.

When teaching grandkids to pray, show them that prayer is more than requests—it's also celebrating who God is and what He has done. Praising God builds trust in Him and nurtures a grateful heart.

Encourage your grandchildren to thank God for big and small blessings, and to praise His love and power. This will help their faith grow strong like Mary's.



Day 2: 🌿 Mary's Song: Praise and Trust

## Reflect and Apply

1. How does praise change my perspective during difficult times?

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2. What are some ways I can help my grandkids develop a heart of thanksgiving?

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3. When have I experienced God's faithfulness to praise Him wholeheartedly?

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Day 2: 🌿 Mary's Song: Praise and Trust

## Journaling Prompts

1. Write a short prayer of praise like Mary's song.

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2. List five blessings you can thank God for today.

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3. Describe how praising God has helped your faith grow.

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Day 2: 🌿 Mary's Song: Praise and Trust

## Prayer for Today

**Lord, teach us to praise You with joyful hearts.** Help me to model thanksgiving and trust as Mary did, so my grandchildren will learn to celebrate Your goodness. May their prayers include words of praise that deepen their connection with You. Thank You for being worthy of all honor and glory! In Jesus' name, Amen. 🎵 🌿 ❤️





## Day 3: ✨ Anna's Faithful Waiting





## Day 3: ✨ Anna's Faithful Waiting

## Your Verse

*Luke 2:36-37 - "She never left the temple but worshiped night and day, fasting and praying."*

## Supporting Scriptures

- *Psalm 27:14 - "Wait for the Lord; be strong and take heart and wait for the Lord."*
- *Romans 12:12 - "Be joyful in hope, patient in affliction, faithful in prayer."*



Day 3: ✨ Anna's Faithful Waiting

## Devotional: Faithful Prayer Requires Patient Waiting

**Anna teaches us the power of persistent prayer and faithful waiting.** She spent years in the temple praying and worshiping, trusting God's timing amid uncertainty. Her steadfast faith was rewarded when she saw the baby Jesus.

Grandchildren can learn that sometimes answers don't come right away, but prayer is about ongoing communication and trust. Waiting on God is an active faith practice, not just passive hope.

As you pray with your grandkids, model patience and perseverance. Celebrate small moments of answered prayers and encourage them to keep praying, regardless of immediate results.



Day 3: ✨ Anna's Faithful Waiting

## Reflect and Apply

1. How do I handle waiting on God's timing in my prayers?

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2. What examples can I share with my grandkids about trusting God as Anna did?

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3. How can persistent prayer shape my family's faith?

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4. What distractions challenge me from praying consistently like Anna?

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Day 3: ✨ Anna's Faithful Waiting

## Journaling Prompts

1. Write about a time God's answer came after a long wait.

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2. Plan a simple routine to help your grandchildren pray regularly.

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3. Describe ways to encourage hope during waiting seasons.

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Day 3: ✨ Anna's Faithful Waiting

## Prayer for Today

**Dear God, thank You for the gift of patient faith.** Teach us to wait faithfully and pray persistently, like Anna did, trusting in Your perfect timing. Help me to exemplify endurance in prayer to my grandchildren, so they develop strong, lasting faith. In Jesus' name, Amen. ⌚ ✨ 🙏





## Day 4: 🕊️ Priscilla's Wisdom: Teaching in Love



## Your Verse

*Acts 18:26 – "He began to speak boldly in the synagogue. When Priscilla and Aquila heard him, they invited him to their home and explained to him the way of God more adequately."*

## Supporting Scriptures

- *2 Timothy 1:5 – "I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also."*
- *Ephesians 4:15 – "Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ."*





## Devotional: Teach Prayer and Faith with Loving Patience

**Priscilla's example highlights teaching and mentoring others in the faith with love and patience.** She and her husband explained God's truth carefully and kindly, helping a young preacher grow.

Grandparents are uniquely positioned to teach grandchildren not just about prayer, but about God's Word and how to live it out. This requires kindness, understanding, and a heart for guiding without pressure.

Modeling prayer alongside biblical teaching creates a natural environment for grandkids to absorb faith habits. Show them that prayer is a conversation with God and invite questions. Let your home be a place of learning, growth, and spiritual encouragement.



## Reflect and Apply

1. How do I communicate my faith and prayer life to others gently?

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2. What opportunities do I have to teach my grandchildren about prayer this week?

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3. How can I balance instruction with love and grace in mentoring?

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# Journaling Prompts

1. Write down a lesson about prayer you want to teach your grandkids.

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2. Think of a time teaching faith was challenging—how did you respond?

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3. Plan a prayer activity to do together with your grandchildren.

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Day 4: 🕊️ Priscilla's Wisdom: Teaching in Love

## Prayer for Today

**Lord, grant me wisdom and a loving spirit as I teach others about prayer. Help me to be patient and clear, just like Priscilla, guiding my grandchildren into a deeper relationship with You. May our conversations about faith be full of grace and truth. In Jesus' name, Amen.** 🕊️ 📖 ❤️





## Day 5: 💖 Ruth's Loyalty: Praying Through Life's Transitions



Day 5: 💖 Ruth's Loyalty: Praying Through Life's Transitions

## Your Verse

*Ruth 1:16-17 - "Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God."*

## Supporting Scriptures

- *Isaiah 41:10 - "So do not fear, for I am with you; do not be dismayed, for I am your God."*
- *Psalms 46:1 - "God is our refuge and strength, an ever-present help in trouble."*



Day 5: ❤️ Ruth's Loyalty: Praying Through Life's Transitions

## Devotional: Prayer During Life Changes Brings Strength

**Ruth exemplifies steadfast faith and trust in God during major life changes.** Leaving her homeland and family, she clung to Naomi's God, showing loyalty and dependence.

Transitions can be times of uncertainty for grandkids and adults alike. Prayer helps us anchor our confidence in God, find strength, and receive guidance.

Encourage your grandchildren to pray when facing changes or challenges, assuring them that God is their constant refuge and friend. Model prayers that ask for courage, wisdom, and peace during difficult seasons.



Day 5: ❤️ Ruth's Loyalty: Praying Through Life's Transitions

## Reflect and Apply

1. What life transitions have challenged my prayer life?

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2. How can I support my grandchildren's prayers during their changes?

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3. In what ways has God been your refuge amid uncertainty?

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Day 5: ❤️ Ruth's Loyalty: Praying Through Life's Transitions

## Journaling Prompts

1. Reflect on a time God gave you strength through prayer.

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2. List ways to help grandchildren pray about fears and changes.

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3. Write a prayer for courage to face a current challenge.

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Day 5: ❤️ Ruth's Loyalty: Praying Through Life's Transitions

## Prayer for Today

**Father, thank You for being our constant refuge in every season.** Help me and my grandchildren to trust You deeply during life's transitions. May we learn to bring every fear and change to You in prayer, drawing strength and peace. Keep us close to You always. In Jesus' name, Amen. 💖 🙏 🏠





## Day 6: 🌸 Esther's Courage: Bold Prayer and Action



Day 6: 🌸 Esther's Courage: Bold Prayer and Action

## Your Verse

*Esther 4:16 – "Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days... Then I will go to the king, even though it is against the law."*

## Supporting Scriptures

- *Joshua 1:9 – "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."*
- *James 5:16 – "The prayer of a righteous person is powerful and effective."*



Day 6: 🌸 Esther's Courage: Bold Prayer and Action

## Devotional: Bold Prayers Lead to Courageous Acts

**Esther's story reminds us that prayer can empower courage and boldness.** Faced with great risk, she fasted and prayed before boldly going before the king to save her people.

Teaching grandchildren to pray boldly involves helping them see that prayer is not only asking for help but also empowering us to act with strength. Combining faith and action is a vital lesson.

Encourage your grandchildren to bring big requests to God and trust Him to guide their steps. Demonstrate how prayer prepares the heart for brave decisions, and let them see your own bold prayers.



## Reflect and Apply

1. When has prayer given me courage to face a challenge?

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2. How do I teach grandchildren to pray boldly, not timidly?

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3. What does Esther's example teach about the connection between prayer and action?

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Day 6: 🌸 Esther's Courage: Bold Prayer and Action

## Journaling Prompts

1. Write about a time you prayed courageously.

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2. List fears you can ask God to help overcome in prayer.

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3. Plan to share Esther's story and pray about boldness with grandkids.

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Day 6: 🌸 Esther's Courage: Bold Prayer and Action

## Prayer for Today

**Lord, thank You for giving us courage through prayer.** Help me and my grandchildren to pray boldly and trust Your guidance. Strengthen our hearts to act in faith and follow Your leading in all situations. May our prayers be powerful and effective, glorifying Your name. In Jesus' name, Amen. 🌸 🛡️ 🙏







## Day 7: 🌻 Teaching Prayer: Simple Steps to Model



## Your Verse

*Deuteronomy 6:6-7 - "These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home..."*

## Supporting Scriptures

- *Matthew 6:9 - "This, then, is how you should pray: 'Our Father in heaven, hallowed be your name...'"*
- *1 Thessalonians 5:17 - "Pray continually."*



## Devotional: Modeling Prayer Creates Lasting Habits

**Today, we focus on practical ways to teach prayer to grandchildren.** God's Word instructs us to talk about faith regularly and make prayer a natural part of daily life.

Start simple: pray out loud during meals, bedtime, or car rides. Use familiar phrases like the Lord's Prayer as a guide. Invite grandchildren to share their prayer requests and praise things together.

Modeling attitudes—thankfulness, honesty, trust—speaks louder than complicated prayers. Encourage questions and celebrate every effort to talk with God, fostering confidence and love for prayer.

*Remember, the goal is to make prayer a joyful habit, reflecting a heart connected to God through everyday rhythms.*



## Reflect and Apply

1. What simple prayer practices can I introduce to my grandchildren?

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2. How consistent am I at modeling prayer in daily life?

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3. What challenges might I face teaching prayer, and how can I overcome them?

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## Journaling Prompts

1. List three easy ways to include prayer in family routines.

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2. Reflect on your own prayer habits and how they shape others.

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3. Write a plan for gently encouraging grandchildren in prayer.

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## Day 7: 🌸 Teaching Prayer: Simple Steps to Model

# Prayer for Today

**Father, thank You for the privilege of teaching prayer.** Help me to model simple, heartfelt prayer that my grandchildren can learn and love. Give me patience and creativity to incorporate prayer naturally in our time together. May our words and actions lead them closer to You every day. In Jesus' name, Amen. 🌸📖🙏





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